

Recollections of 2005.1 RACGP Clinical Exam

Short cases:

1. 25 y.o. woman with retroorbital headaches, blurring of vision and irregular periods. Take no further history. Examine patient, discuss diagnosis and investigations. *Pituitary tumour.*
2. 40 y.o. woman with lump in her throat. Take a history and discuss diagnosis and management. Hx lump only felt at work, stressful boss *Globus hystericus*
3. 80 y.o. man in emergency respite. Found to be emaciated, pressure sores and poor hygiene. Had been left in care of 15 y.o. granddaughter whilst daughters family were away. Discuss issues. Questions re *elderly abuse.*]
4. 45 y.o. man, data entry worker. Pins and needles in left hand and aching left arm. Examine the hand. Sensory changes consistent with carpal tunnel. Tinel's and Phalen's negative. Discuss diagnosis and management. *Carpal tunnel*
5. 65 y.o. man with SOBOE. PHx AMI. Take history, request examination, discuss diagnosis, investigations and management. *Heart failure*
6. 12 week baby always crying. Take history from mother, request examination, discuss diagnoses.
7. 40 y.o. man post MVA with neck pain. Take history, examine and report findings. Discuss diagnosis. *Whiplash*
8. Father presents to discuss treatment for genital herpes you prescribed for his 15 y.o. daughter. *Confidentiality*
9. 16 y.o. boy with acne. Discuss treatment options. *Acne*
10. Take history from mother of 6 y.o. boy with fevers, headache, unwell. Request examination – temp 39.1 C, no neck stiffness, no rash, left iliac fossa pain and U/A prot ++, Leucs, RCs and nitrites +. Discuss investigations and management. *UTI*
11. Woman with 6 wk old baby. Fever, tender breast. Take history, request examination, discuss diagnosis and management. *Mastitis*
12. 65 y.o man diagnosed with small cell lung Ca. Specialist recommended radiotherapy and chemotherapy but patient feels there is no point. Discuss issued with patient.

Long cases:

1. 50 y.o. taxi driver with epigastric pain. Take history, request examination then discuss DDx with examiner. Request investigations, discuss diagnosis and management with patient. Hx sudden onset epigastric pain radiating to back. No maleena/haematemesis. Binge drinks 24 beers on weekends. Amylase, lipase ~2000 LFTs mildly elevated. *Acute Pancreatitis*
2. 30 y.o. man with laceration on wrist. Take history, examine patient and manage appropriately. Hx Pt. fell on rusty tin whilst walking dog. Laceration extensor surface of wrist. Patient had tetanus 3 years ago. Required to examine nerve, tendon, blood supply of hand reporting anatomy being tested as you go. Then required to manage wound including cleaning and suturing (on plastic foam). Discuss further management with patient. *Hand examination and wound management*