CASE:	Martin Shaw	PATIENT

Name:	Martin Shaw
Age:	41 years old
Occupation:	Rehabilitation Physician
Family situation:	Wife (Peggy) 2 daughters (Sue, 10 years, Angela, 8 years).
Past history:	Nil Relevant

Brief statement of the situation:

This scenario involves two doctors who are known to each other professionally but who are not close colleagues.

You are a 48 year old hospital specialist in Rehabilitation Medicine. Three months ago you went to a multi disciplinary international conference on Rehabilitation Medicine in Vienna and you travelled alone.

You did not find it a particularly helpful or friendly gathering.

While at the conference you met a nurse from Thailand who seemed very lost and lonely. After a pleasant evening out together, wining and dining, you had unprotected sex. Two days after the meeting finished you parted forever, amicably. You returned home to your wife and family and resumed your normal life.

After seeing a recent TV programme on HIV / AIDS in Thailand you have been increasingly worried about the possible risk of contracting HIV from the nurse (who, at the time, you felt was a most unlikely source of risk).

You now feel sick inside about it all and realise how stupid and irresponsible you were.

You have decided to go to a local GP to request an anonymous HIV test. In one way you just want the test only (and a negative result), but if given half a chance you will take the opportunity to unload your feelings and worries.