

A beginner's guide to accessing the *Better Outcomes in Mental Health Care* initiative

1

- Check that your practice is Accredited and/or PIP Participating;
- Complete Familiarisation Training;
- Complete Level One Skills Training; and
- Register with the HIC via the GPMHSC and receive sign on PIP (\$150)

Certificate of Attendance Familiarisation Training ✓
 Certificate of Attendance Level One Skills Training ✓
 GP Registration Form Level One ✓

STEP 1 of the "3 Step Mental Health Process"

2

Complete a mental health **ASSESSMENT** and formulation of diagnosis.

Administer outcome tool.

Bill normal C or D item number.

STEP 2 of the "3 Step Mental Health Process"

3

Prepare a written mental health **PLAN** in consultation with the consumer (and carer where appropriate).

Bill normal C or D item number, or consider EPC Care Plan (Group A15).

Enhanced Primary Care

STEP 3 of the "3 Step Mental Health Process"

5

4 weeks to 6 months after developing the plan, conduct a mental health **REVIEW** and administer outcome tool.

Bill new items for a C or D level: Group A18 (VR) or A19 (non VR).

\$150 SIP is triggered, once per patient per year.

4

Implementation of the plan, which may involve:

ACCESS TO ALLIED HEALTH, via Divisions; or

Referral to a **LEVEL TWO GP** for provision of 1-6 sessions of FPS.

Level 2 GP bills Group A20 (VR and non VR).

Focused Psychological Strategies

Following the review by the referring GP, up to six additional sessions of FPS may be deemed appropriate.

For more information about the *Better Outcomes in Mental Health Care* initiative contact your local Division of General Practice, or visit: www.racgp.org.au/mentalhealth