

## Evaluation Summary for Expedition Medicine Course in Dover, April 07

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13 respondents from 13 participants (2 GPs, 3 GP Registrars, 1 outdoor education teacher, 2 customs officers, 3 Medical students, 1 nurse, 1 IT consultant)

### (1. A) In general, how relevant were the medical/first aid topics to your needs? 13/13

irrelevant					highly relevant
1	2	3	4	5	
			4		9

### (1. B) Which medical topics were particularly useful?

All (2), Trauma Management (1), Diving Medicine (7), Marine Envenomation (5)  
Drowning (1), Suturing & injections (3), LA Blocks (3), Dental & eyes (3)  
Hypothermia & sea sickness (4), Regional Anaesthesia (1), Poisoning (1)  
Basic Resuscitation (1), Usefulness of minimal resources (1)  
Preparation for expeditions (1), Fractures & bleeding (1),  
Emergency first aid (1), AMP (1), Management of person in adverse environment (1)  
Management of conditions without full backup (1).

### (1. C) Were there any topics that you did not find useful?

Basics of diabetes, asthma and heart disease (1)

### (2. A) In general, how relevant were the field skills topic to your needs? 13/13

1	2	3	4	5	
		2	5		6

### (2. B) Which field skills topics were particularly useful?

All (2), Radio & GPS (3), Map reading & navigation (2), loading patient on/off boats (1)  
Rolling patients w/ suspected spinal injuries onto sleeping bag using 1 person (2),  
Improvising stretchers & splints (4), Water retrievals (5), Search and Rescue (4),  
Removing patient from environment (1), Cold water injuries (1), Roping & knots (3),  
Team work (1), Accident management plan (1), Sked & Barrow dude(1)

(2.C) Were there any field skills topics that you did not find useful?

Length of some scenarios too excessive, leading to frustration and eventually indifference on the part of some participants (1).

**3. This question is about the practical procedural skills sessions**

(Participants did not attend all sessions)

**3A Relevance of each topic**

Wounds and suturing (7/13)

Eyes (10/13)

CPR Refresher (7/13)

Defibrillation (6/13)

Giving injections (8/13)

Using oxygen (10/13)

Regional anaesthesia (8/13)

1	2	3	4	5
			2	5
			2	8
		1	1	5
			2	4
		1	3	4
			4	6
1			2	5

**Before these skills sessions, how confident did you feel in terms of performing these procedures?**

Suturing a small wound (10/13)

Examining an eye and removing a foreign body (12/13)

Using a defibrillator (10/13)

Giving an epipen injection (9/13)

Using oxygen (11/13)

Performing regional blocks (8/13)

1	2	3	4	5
3			4	4
1	2	4	2	3
2	1	3	1	3
2		3	3	1
1	1	2	1	6
3	1	3	1	

1= not confident at all  
5 = very confident

**After these skills sessions, how confident do you feel in terms of performing the procedures?**

Suturing a small wound (9/13)

Examining an eye and removing a foreign body (12/13)

Using a defibrillator (10/13)

Giving an epipen injection (9/13)

Using oxygen (8/13)

Performing regional blocks (7/13)

1	2	3	4	5
		1	3	5
		1	2	9
		1	4	5
		1		8
		1	4	5
	2	1	4	

**How effective were the following exercises in allowing you to apply your skills and knowledge**

- Search and Rescue (13/13)
- Night exercise (13/13)
- Local area search and rescue (13/13)
- Mixed scenarios on Friday (11/13)

1	2	3	4	5
	1	2	4	6
		1	3	8
	1	3	3	6
		1	2	8

1=ineffective  
5= very effective

**Do you have any comments about these activities**

course organiser comments in red

Well planned, allowed me to use my skills and confidence, good to know what happens before people get to hospital. Great to have it at different times of the day, reality of search/rescue, scenarios excellent, made realistic with props. It was exhausting & hard working in a team of people I didn't know, but the other exercises became much better as we got to know each other. have instructors available to pause scenarios to allow teaching adjustment and correction of treatment. (this did happen) Supply sorbolene to remove make-up,

Shorter scenarios focusing on medical issues and initial management were more useful to my professional needs. Good learning exercises.

**How do you rate the presenters in terms of:-**

Comfort/familiarity with their topic

- Scotty
- Edi
- Mike
- Jeff Ayton
- Sav Totonidis (7/13)
- Graeme Wormell (6/13)
- Damien Bidgood
- Bryan Watchpole

1	2	3	4
			13
			13
			13
		1	12
		1	6
	1	3	2
		3	10
		1	12

Presentation/teaching styles

- Scotty
- Edi
- Mike
- Jeff Ayton

1	2	3	4
		1	12
		1	12
		1	12
		4	9

Sav Totonidis (7/13)  
 Graeme Wormell (6/13)  
 Damien Bidgood  
 Bryan Watchpole

		3	4
	2	4	
	3	6	4
	1	4	8

**How would you rate the after dinner speaker**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
		1	12

**Was this an effective way to run a course**

<b>No</b>	<b>Not Sure</b>	<b>Yes</b>
		13

Comments

Although not always viewed as an easy setup, a mix does force people to mix and learn from each other.  
 It is refreshing to be taught by people who have the skills and knowledge of all the instructors.  
 Great mixture of skills and experience. Great to mix outdoor / SAR professionals, instructors with medical professionals. (2)  
 Great idea. The diferent backgrouds made for interesting conversations and the gender balance was good.  
 Very good to get insight from doctors, paramedics, SAR and others.  
 I really appreciated the different skills and talents everyone brought to the course.

Do you have any comments about the venue?

course organiser commetns in red

Great facility and sometimes too comfortable. Food better than home. Open ocean would be good including surfing.  
 Great accomodation and resources, access to water and tracks etc, great food and very helpful hosts.  
 Friendly staff. Very comfortable, amazing food, perfect setting (bush, H2o). Perfect - excellent hospitality and food.  
 Good venue. Great. A bit too remote from facilities (strange comment considering that its an expedition medicine course?). Not eno  
 Hosts were brilliant. Excellent (2). Fantastic food and facilities. Spectacular.

Do you have any comments on the course manual?

Great, a list for further reading would be very useful. Worked well. Good (3). Manual was good, info to take is great. More than adequate. Good layout and content. Was really handy to have in front of you to follow and fill in as we went. Having the info on 1 side of the page meant heaps of extra writing room. Great, portable, set out in progressive order. Space to fill in gaps. Very detailed, everything is in there, Good reference. Good resource for future, the grey bits were a good idea.

Do you have any other comment?

1. days were a little long for the first few days, this may have had an effect on morale later in the course, practical scenarios were w I had a great time
2. The instructors were inspirational and enthusiastic. They made the course fun and were able to pitch their talks at levels to suit participant backgrounds
3. great course, learnt lots, very enjoyable
4. Overall this is an excellent course. In this case I feel the course was one day too long. I appreciate that we were blessed with the weather and if it had been a "Winter" or "mountaineering" course then you need the extra day to account for bad weather restricting activities. I doubt if much theory was absorbed after half way through the course as we "was all bugged"
5. It was an excellent course. It was a bit difficult at times being a med student because some of the medical topics were very basic but still very good to go even to refresh our knowledge (med students followed the WFA curriculum, unlike the doctors)  
The group dynamics were really good
6. I thought the Expedition Medicine course was simply fantastic; one of the best pds I have ever done! Thank you.
7. Excellent. Really enjoyed the course and feel now I would be much more confident in dealing with medical situations in remote areas. Physically a bit tiring
8. need more detailed instructions of what to bring & why eg old clothes, sleeping mats, sleeping bags (the latter 2 items were supported) possibly could have finished Fri pm and had big dinner Thurs night as everyone was pretty over it by then (though the evaluations were supported for "everyone") overall course was great and I learned heaps, enthusiastic / fun leaders, good actors too, great resources in terms of gear, I liked the flexibility so everyone got to every topic they were interested in, guest speakers Thurs, Fri nights were great scenarios were good for working under pressure, great experience but made for a big week. The DVD by Yvette Barry was a great and highly appreciated as I was too busy to get any photos
9. hard to get a balance in a paid course on pushing participants to realistic limits (respondant has a military background) we were pretty well balanced between happy and pushed. Could have been pushed a lot harder at times but restricted by reasonable restrictions (eg safety)
10. great course, good balance of guest speakers and instructors, very tiring - particularly first few days
11. first two days were too long, Scotty, Edi & Mike are an unbelievable asset on the course







ugh socialising opportunities at night.

well run and really helpful, guest speakers were all fantastic and broke up the course well, overall course was run really well and

all

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