

Youth Health

Operates under the umbrella of Headspace - Launceston

Youth Health offers general health care for young people aged 12-25, either by appointment or by a drop-in service. This means that although many of the appointments are planned, there are still a large number of “fit-ins.”

20-minutely appointments are usually run and the aim is to see 3 patients an hour over a 3 hour session. This can be worked at the doctor’s convenience, as either a morning or afternoon session. Morning sessions can be any 3 hour block from 8.30-1, and afternoons can be any 3 hour block from 1-5.

The type of presentations are similar to any General Practice, although there are probably more mental health, sexual health, and drug and alcohol issues than in routine GP practice.

The GP is well supported by a Youth Worker, Psychologists, Social Workers, Nurses, and Drug and Alcohol worker, with fairly rapid access to these services if they are required.

Each doctor works by themselves for the session, but phone advice and assistance is available when the Registrar is doing their session.

Please contact Dr Beth Mulligan if you are interested on beth.mulligan@dhhs.tas.gov.au